

Code of conduct for the "Let's Make Inclusion Happen" Conference 17-18 March 2025 | Warsaw

We, as organizers, are committed to providing a respectful and inclusive conference experience for everyone.

We will actively enforce this Code, and all participants are expected to cooperate to ensure a safe, welcoming, and inclusive environment.

1. You have the right to use communication badges to indicate your social preferences, such as:
"Happy to chat"
"I prefer silence"



2. You have the right to be yourself and do not have to conform to neurotypical expectations if it makes you uncomfortable.
3. Your unique ways of thinking and communicating are valuable.
4. Try to express your needs, emotions, and boundaries clearly in a way that is comfortable for you (verbally, in writing, through symbols, or other methods). If you do not understand something, you have the right to ask for further clarification.

5. You have the right to your own space or use the quiet-room and to take a break when you feel overstimulated.
6. Please mute your phones and other electronic devices during conference sessions to avoid disruptions.
7. Let's try to avoid loud conversations during lectures to ensure an uninterrupted experience for all participants.
8. You can use accessories such as noise-canceling headphones, sunglasses, or sensory tools if they help you function.
9. You have the right to establish your own interaction rules, but it can also be helpful to understand the rules of the environment you are in if it makes functioning easier.
10. If you feel uncomfortable in social situations, you have the right to refuse participation or set your own conditions for engaging.
11. Your emotional responses may differ from neurotypical ones, and that is okay.
You do not have to suppress your emotions, but it is worth finding ways to express them that do not harm yourself or others.
12. If you experience exclusion or unequal treatment, you have the right to seek support (e.g., from organizations, disability rights advocates, or friends).
13. You may make mistakes in social interactions – this is natural for everyone.
14. If someone feels hurt by your words or behavior, it may be helpful to try to clarify the situation and learn from it.
15. You have the right to ask for support when you feel overwhelmed.
16. You do not have to participate in situations that are stressful for you if they are not necessary.
17. You can inform others that certain interactions are difficult for you and propose alternative ways of communication.
18. We encourage the use of silent applause during the conference. It is commonly used by people with hearing impairments. It is also a widely recognized way to make events more accessible for individuals with sound sensitivity.
19. Please use break time to meet your needs so that speakers are not distracted by people entering and leaving during lectures. Breaks are a good time for meals and relaxation.
20. You have the right to stim—self-stimulatory behaviors such as repetitive movements, making sounds, or manipulating objects. Stimming is a natural way to express emotions and regulate the nervous system. For example, hand flapping when feeling joyful is completely normal and accepted.

By upholding these values and principles, we create a safe and inclusive space where everyone feels welcome and valued. We ask all attendees to treat one another with respect, kindness, and openness, regardless of differences in background, identity, or experience. Discrimination, harassment, or any form of disrespect will not be tolerated. Instead, we encourage active listening, constructive dialogue, and mutual support. Please familiarize yourself with our Code of Conduct and help us foster a positive, respectful, and inclusive environment. Together, we can ensure that this conference is a space where everyone feels safe, heard, and empowered.